**Early Help Practice Observation Sheet**

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| **Practitioner(s):** | **Observer:** |
| **Session being observed:** | **Date:** |
| **What was the purpose of the session?** *Was there a clear structure? Did the practitioner set out what they wanted to achieve at the beginning? How did the session link to the family plan (if applicable)? How did the session fit with an overall programme (if applicable)?* | |
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| **Why is/ are the individual(s) involved with early help?***Do the practitioner and the individual(s) agree on this? Is the worker open about issues and concerns? Did the worker demonstrate the values and standards expected of them?* | |
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| **How well did the practitioner focus on the needs of the child/ children?**  *Were the children seen alone (if applicable)? Did the worker see the family home (if applicable)? How were these things negotiated? Were there examples of moving the conversation onto the needs of the child/children? Were there any equality and diversity needs? How did the practitioner accommodate these?* | |
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| **How well did the practitioner demonstrate and build on the relationship with the service user(s)?** *Was there evidence of rapport, empathy and respect? Were there examples of active listening? How well did the practitioner acknowledge and explore feelings and emotions? If this was a group session, were there activities to build trust?* | |
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| **How well did the practitioner support and motivate the individual(s) to change?** *Was there evidence of joint agenda setting and planning? Were the discussions strengths based, drawing on what the family do well? If this was a group session, how did the practitioner draw on participants to challenge one another?* | |
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| **Observer’s Summary and Feedback** *(Include overall views, impact of the work, and any relevant analysis)* | |
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**Please return completed observation sheet to:** [QAPaudits@dorsetcouncil.gov.uk](mailto:QAPaudits@dorsetcouncil.gov.uk)