

Kent's Practice Framework

The **principles** at the foundation of our framework are that ecological, systemic, familial, cultural and environmental factors and change can occur within relationships.

We aim to **develop** practitioners who are skilled and able to identify, understand and respond to the needs of families and the contexts that impact on their lives.



Motivational Interviewing can support children, young people and families to think about making changes to overcome hurdles and remain motivated.

The Practice Framework enables us to take a much broader **strengths-based** approach in our work with children, young people and families.



We recognise that children and families do not exist on their own, but have ties and **interconnections** with others that can be sources of **strength and resilience**.

Social Connectivity practice may help identify and build a lasting support network, which can support that child's journey into adulthood and towards independence.

Sometimes we may not be aware of trauma, therefore it is important that we take a **trauma-informed** approach to our work.

Solution-Focused methods can help to empower children, young people and families by shifting their thinking from being 'problem-based' to identifying the possibilities for change.

Appreciative Inquiry helps identify all the things that are working well. Sometimes strengths and successes go unnoticed, yet they can help to build resilience during difficult times.

A **Contextual Safeguarding** approach helps identify community guardians and businesses that can improve the safety in a neighbourhood, or consider how a space can be changed and re-purposed for the benefit of the wider community.

Restorative Approaches can support young people who are in conflict or affected by crime to communicate, repair harm and find solutions for the future.