

Shapes

Shaping, Healthy and Positive Education in Sex

We are a team of therapists who work with children, young people and families facing this sort of difficulty and a social worker has recommended that you come and meet with us so we can help.



Working in partnership with:



Assessments

You may have been referred to us for an Assessment.

This is to help you and others understand why the harmful behaviour occurred and how likely it is to happen again.

We will work with you and those who look after you for an agreed number of sessions to find ways to understand and address this behaviour so that you are able to enjoy safe and healthy relationships and friendships.

There will be meetings at the beginning and end of our work together, sessions on your own and sessions with your parents or carers. We will agree who will find out about what we have talked about.

We will write a report together to let everyone know what we have learnt and what will help stop the behaviour from happening again.

Therapy

You may have been referred to us for some Therapy.

This will be to address some of the underlying causes of the harmful behaviour.

We will work with you and those who look after you for an agreed number of sessions to find ways to put this behaviour behind you and have safe and healthy relationships and friendships.

We will:

- Listen to your ideas and concerns. Be honest and open with you and let you know what we are thinking and doing and who we are talking to
- Treat every young person with respect