

Appendix Five:

CASE SPECIFIC SUPERVISION: TEMPLATE TO SUPPORT RECORD OF REFLECTIVE PRACTICE

Reflective supervision is an essential requirement of a social workers personal and professional development. To this end social workers are responsible for identifying one case to critically reflect on each month where they have used the Signs of safety mapping tool.

Whilst not an exhaustive list the following questions are useful questions to consider in reflecting on the case that has been mapped.

What are your worries?	What is going well in the case?	What needs to happen?
<p>2. When things are at their worst what is happening in the family which is causing harm to the child? What happened in the past that led up to this situation?</p> <p>Has this happened before?</p> <p>How many times?</p> <p>What was different about that time?</p> <p>What did mam, dad, you, others do to contribute to that situation?</p> <p>What could you have done differently?</p>	<p>1. Thinking about some of the work that you have done with the family what would you say is going well with the case?</p> <p>3. What would you say are the child's greatest strengths?</p> <p>What would you say are the family's greatest strengths?</p> <p>What would you say are the communities' greatest strengths?</p> <p>4. What do you like about them?</p>	<p>15. What would bring your number up?</p> <p>What would the child/family be doing? What would you be doing? What would the network be doing?</p> <p>16. What would you need to see happening to feel better about the child's safety?</p> <p>What would you need to see happening to feel better about this case?</p> <p>17. What are the most important next steps for this case?</p>

	<p>What research are you finding most helpful in thinking through what is happening in this case?</p> <p>11. Have there been times when problems have been solved? What was happening then? Who was helping?</p> <p>12. What would the family/child say about the work that you do?</p> <p>What would they say about you as a worker?</p> <p>What would your HOS say about your work with this family?</p> <p>13. What positive difference has your work had on the child/family?</p> <p>What have you seen from the child/family that makes you think your work has had a positive effect?</p> <p>What skills do you have that will help you achieve success with this case?</p> <p>When things are at their best what is happening in the family that is helping the child grow up well?</p>	
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On a scale of 0-10 with 10 being that you are as confident as you could be that this family were able to care for this child so well you could close or step down the case and 0 you have no confidence at all in the child's care?

On a scale of 0-10 with 10 being that everyone is willing to be part of the safety network and 0 no one is helping the child?

On a scale of 0-10 with 10 being that there are high levels of confidence with everyone involved which will influence good behaviours throughout the parallel processes and 0 being there is no trust anywhere?

(Adapted from Covey 2004, Howe & Gray 2013)