Travel training takes a person-centred approach to support a young person to become independent on a specific route. This may include identifying a safe walking route, road safety and using public transport. Sessions incorporate handling tickets/apps, staying safe and managing unexpected situations. The route is repeated across subsequent sessions until the young person demonstrates independence, safety and confidence.

* There is a 3 staged approach to travel training –

1. **Stage one** – A Transition Assistant supports the young person with all aspects of the route; assessing their potential and repeating the route over subsequent sessions to build the young person’s confidence.
2. **Stage two** - The Transition Assistant shadows the young person, gradually withdrawing support. The young person is encouraged to take more responsibility and control of the journey and decision making.
3. **Stage three** - The young person will travel independently on the route. The Transition Assistant will be available for support over the phone. Once the young person has met the competency criteria and demonstrated independence and confidence with the route, the travel training will be complete.

* Following travel training, the young person can be referred back to the Preparing for Adulthood Team if they wish to learn a new route.
* Parents/carers will be involved with progress and plans for next steps, at the young persons request.
* Travel Training Coordinator should be made aware of any health, mobility or behavioural issues affecting the young person and how these should be managed.
* Consent from the young person (16+) or their parents or carers (under 16) to share information about the travel training with appropriate professionals and the South Gloucestershire Admissions and Transport Team, is sought at referral stage.
* The Travel Training Coordinator will liaise with schools to request that a young person is authorised to be released for a travel training session, if required.
* Bus services, timetables and tickets are regularly reviewed and changed, these are noted on the company websites and apps.
* The Preparing for Adulthood Team take no responsibility for any incidents that occur once travel training is complete or if the young person travels independently on alternative routes without further travel training.

Useful websites and information:

**Staying safe in the community:**

**Safe Places:** [Safe Places - Keep Safe with Safe Places](https://www.safeplaces.org.uk/)

* When you join Safe Places, you are given a card and key fob that have a unique reference number and the Safe Places phone number printed on them. The card will also have details of a parent or carer.
* You can call the Safe Places phone number if you need help, for example, if you’re lost, feel scared or upset, or have been a victim of crime. The Safe Places phone number goes to the police control room and someone will answer,r 24 hours a day, seven days a week.
* Sign up here: [Safe Places Scheme | Avon and Somerset Police](https://www.avonandsomerset.police.uk/apply/safe-places-scheme/)

**Hollie Guard App:** [Hollie Guard Personal Safety APP](https://hollieguard.com/) location sharing, deterrent mode, journey tracker.

**Life 360:** [INT'L Homepage - Life360](https://www.life360.com/intl/) location sharing, place alerts, directions

**What3words:** [what3words /// The simplest way to talk about location](https://what3words.com/pretty.needed.chill) Find, share and save precise locations.

**Transport:**

**Firstbus**: [Bristol, Bath and the West | First Bus](https://www.firstbus.co.uk/bristol-bath-and-west/) for route planning, service updates and ticket information. Firstbus app also available.

**Stagecoach:** [Stagecoach (stagecoachbus.com)](https://www.stagecoachbus.com/) Route planning, service updates and to buy tickets. Stagecoach app also available.

**Travelwest:** [Homepage - Travelwest](https://travelwest.info/) Journey planning, live times, timetables and fares.

**Moovit:** <https://moovitapp.com/>The Moovit app live bus updates, schedules and route planner.

**Bath College**: [Getting to College | Bath College](https://www.bathcollege.ac.uk/getting-to-college) including information on the college bus to Somer Valley Campus.

**SGS College**: [Subsidised Bus Information (sgscol.ac.uk)](https://www.sgscol.ac.uk/subsidised-bus-information/) BS15/16 college bus.

**St Brendan’s College:** [College Coaches > Travelling to college | St Brendan's Sixth Form College (stbrn.ac.uk)](https://www.stbrn.ac.uk/info/travelling-to-college/college-coaches/) College bus