**LETS TALK ABOUT**



 **FEELING HAPPY**

PART 3 – HAPPY

THESE TOOLS HAVE BEEN PUT TOGETHER TO EXPLORE THE IDEA OF HAPPINESS AND WHAT CAN BE DONE TO HELP.

THESE TOOLS CAN BE USED TO HELP THE CHILD EXPRESS THEIR WISHES AND DREAMS FOR THE FUTURE. THEY PROVIDE A MEANS OF REAFFIRMING TO THE CHILD THEY ARE IMPORTANT.

THEY CONTRIBUTE TO WORK WITH SELF ESTEEM AND POSITIVITY

THEY PROVIDE A TOOL TO TALKING ABOUT GOOD THINGS AND WHO MAKES THEM HAPPY









