



METHODS AND TOOLS FOR REFLECTIVE SUPERVISION

When having an in depth reflective discussion practitioners and managers should use methods and tools to support this. Here are a number of different methods and tools which can be used. These should be printed out on a separate page and actively used and written on during reflective supervision / discussions. The completed tools should then be placed on the practitioners supervision file along with a copy of the 'Reflective Supervision Discussion Form' (Appendix 2).

1. Gibbs model of reflection
2. Reflective questions
3. Scaling
4. Review_ Plan _ Do
5. The So What Model?
6. Killer questions to be used to help practitioners think critically
7. Model for Preliminary analysis
8. Resilience / Vulnerability Matrix
9. My World Assessment Triangle
10. Kolb's learning styles
11. Signs of Safety Assessment and Planning Form
12. Signs of Safety Assessment and Planning Form (3 columns)
13. Decision Tree
14. Reflective Log