

Useful websites

General

British Association of Social Workers

<https://www.basw.co.uk/>

CAFCASS

<https://www.cafcass.gov.uk/grown-ups/professionals/>

Including information for professionals, parents and children and young people. Also useful resources and direct work tools.

Children's Society

<https://www.childrenssociety.org.uk/>

Community care

<http://www.communitycare.co.uk/>

Family lives

<https://www.familylives.org.uk/about/>

Non-judgmental support and advice in a way that all members of the family can freely access.

Hillingdon Safeguarding Partnership

hillingdonsafeguardingpartnership.org.uk

Including recent Safeguarding Practice reviews, webinars and 7 minute briefings.

London Safeguarding Children Procedures

<https://www.londonsafeguardingchildrenprocedures.co.uk/>

National Children's Bureau

<https://www.ncb.org.uk/>

The National Institute for Health and Care Excellence (NICE)

<https://www.nice.org.uk/>

Provides national guidance and advice to improve health and social care.

NSPCC - Child protection and safeguarding information, advice and research

<https://www.nspcc.org.uk/services-and-resources/research-and-resources/>

Social Care Institute for Excellence (SCIE)

<https://www.scie.org.uk/>

The improves the lives of people who use care services by sharing knowledge about what works.

Bullying

Kidscape

<https://www.kidscape.org.uk/>

Advice, training and practical tools to prevent bullying and protect young lives

Care experienced young people

Become charity

<https://becomecharity.org.uk/>

Providing help, support and advice so that young people who spend time in care can unleash their potential and take control of their lives.

Care leavers association

<http://www.careleavers.com/>

A national user led charity aimed at improving the lives of care leavers of all ages

Catch 22

<https://www.catch-22.org.uk/>

Drive Forward

<https://driveforwardfoundation.org/>

Helping young adults leaving foster or residential care to achieve their full potential with exciting and sustainable employment opportunities.

IMO hub

<https://imohub.org.uk/>

IMO is a voice for teenagers in care and for care leavers. It is somewhere you can share stories, experiences and achievements, get and give advice, and find loads of great free stuff!

Propel

<https://propel.org.uk/UK/>

Propel aims to help more care experienced young people enter college and university and complete their course. Each institution has its own dedicated page containing an overview of the support it offers to care leavers, for example finance and funding, accommodation and application support, and includes additional information gathered by [Unistats](#) too.

Children's rights

Office of the Children's Commissioner

<http://www.childrenscommissioner.gov.uk/>

Coram Voice

<http://www.coramvoice.org.uk/young-peoples-zone>

Children's Rights Alliance for England

<http://www.crae.org.uk/childrens-rights-the-law/>

Child Safeguarding practice reviews

A Child Safeguarding Practice Review takes place after a child dies or is seriously injured and abuse or neglect is thought to be involved. It looks at lessons that can help prevent similar incidents from happening in the future.

Child Safeguarding toolkit

<https://www.childsafeguardingtoolkit.org.uk/index.php>

This toolkit has been developed to make learning from serious child safeguarding incidents more accessible to everyone who has a role to play to safeguard children and young people. The content draws on [10 key principles](#) that came out of a reflective learning event with safeguarding partners and schools.

Hillingdon Safeguarding Partnership

<https://hillingdonsafeguardingpartnership.org.uk/what-we-do/serious-case-reviews/>

NSPCC learning

<https://www.nspcc.org.uk/preventing-abuse/child-protection-system/case-reviews/2016/>

The most comprehensive collection of case reviews in the UK, making it easier to access and share learning from case reviews.

CSE

Parents against child sexual exploitation

<http://paceuk.info/>

Spot the signs of CSE

http://www.barnardos.org.uk/what_we_do/our_work/sexual_exploitation/about-cse/cse-spot-the-signs.htm

Direct work tools

socialworkerstoolbox.com

Free social work resources & tools for direct work with children and adults

Domestic abuse

National Domestic Violence Helpline/Refuge

<http://www.nationaldomesticviolencehelpline.org.uk/>

National Centre for Domestic Violence

<http://www.ncdv.org.uk/>

Women's aid

<https://www.womensaid.org.uk/>

Safelives

<http://www.safelives.org.uk/>

A national charity dedicated to ending domestic abuse

Email subscriptions

[CASPAR | NSPCC Learning](#)

NSPCC's current awareness newsletter for practice, policy and research delivers free weekly email alerts to keep you up-to-date with all the latest safeguarding and child protection news. Sign up below to receive CASPAR.

<https://www.communitycare.co.uk/sign-newsletters/>

Sent weekly, the Snapshot gives you a round-up of the week's hot topics and news stories from community care

[Child Safeguarding Practice Review Panel](#)

The independent Child Safeguarding Practice Review Panel newsletter

[CYP Now | CYP Now](#)

Children & Young People Now is the magazine and website for all professionals who work to improve the life chances of children, young people and families. It is the essential resource on the learning, development, wellbeing and safeguarding of children and young people, from birth to the age of 19.

Family support

Family Lives

<https://www.familylives.org.uk/>

FGM

Female genital mutilation: help and advice

www.fco.gov.uk/fgm

[NSPCC – FGM helpline](#)

offering advice, information and support to anyone concerned that a child's welfare is at risk because of female genital mutilation

NHS choices

<https://www.nhs.uk/conditions/female-genital-mutilation-fgm/>

Forced Marriage

<https://www.gov.uk/guidance/forced-marriage>

Information and practice guidelines for professionals protecting, advising and supporting victims.

Fostering and adoption

Coram BAAF

<https://corambaaf.org.uk/>

An independent membership organisation for professionals, foster carers and adopters, and anyone else working with or looking after children in or from care, or adults who have been affected by adoption.

Honour Based Violence

Reducing the risk

<https://reducingtherisk.org.uk/honour-based-abuse-fgm/>

HBV And Forced Marriage Resources

LGBTQ

Stonewall

<http://www.stonewall.org.uk/>

<https://www.lgbtyouthincare.com/resources>

Resources that have been developed to support LGBTQ+ youth in care and care leavers and provide free downloads of the resources developed by LGBTQ+ youth in care.

Mental health & emotional Wellbeing

Childline

<https://www.childline.org.uk/>

Young Minds

<https://youngminds.org.uk/find-help/>

Online Safety

Child Exploitation and Online Protection Centre Child Exploitation and Online Protection

<https://www.ceop.police.uk/safety-centre/>

Thinkuknow

<https://www.thinkuknow.co.uk/>

Parent Zone

<https://parentzone.org.uk>

UK's leading organisation making the internet work for families. Our training and events set new standards in supporting families in a digital age.

Internet matters

www.internetmatters.org

Helping parents keep their children safe online

Radicalisation

<https://www.nspcc.org.uk/globalassets/documents/information-service/schools-briefing-summary-government-guidance-protecting-children-radicalisation-extremism.pdf>

A summary of government guidance for schools in England and Wales on protecting children from radicalisation and extremism

NSPCC

<https://www.nspcc.org.uk/what-you-can-do/report-abuse/dedicated-helplines/protecting-children-from-radicalisation/>

Advice for adults worried about a child

Research

<https://www.uea.ac.uk/centre-research-child-family/about-us/our-research>

The Centre for Research on Children and Families (CRCF) is at the forefront of research on vulnerable children, parenting and family change.

Making Research Count

<https://www.beds.ac.uk/iasr/mrc/>

a national collaborative research dissemination initiative, established by a consortium of universities (including the University of Bedfordshire) and developed by regional centres.

<https://www.rip.org.uk/>

Bringing together research and practitioner expertise - building the sector's capacity for evidence-informed practice.

<https://www.scie.org.uk/children/>

Case review support, training, consultancy and resources for local authorities, social workers, safeguarding boards and children's services

Supervision

<https://practice-supervisors.rip.org.uk/asset-category/supervision-fundamentals/>

This website contains resources and tools to support practice supervisors and middle leaders in child and family social work who are responsible for supervising the practice of others.

UASC

Refugee council

<https://www.refugeecouncil.org.uk/>

Welfare grants

Buttle UK

<https://www.buttletuk.org/need-support>

In collaboration with the BBC Children In Need Emergency Essentials Programme we provide swift support worth up to around £300 for families or young people living in crisis.

Uxbridge United Welfare Trusts

<https://www.uuwt.org/grants/apply/>

The Trust welcomes your application for funding from local families, individuals and smaller charities or resident groups. We carry out the application process either via telephone or home visits. Applications are invited from the Trusts area of benefit, which is within the postcodes of UB8, UB9 and UB10 and the surrounding areas.