Your views and wishes heard at all times.

For more information speak to our Advocacy team:

Tel: 0203 9480 559
Email: www.advocacy@harrowmencap.org.uk

Effective and Engaging support for children and young people

- Understanding your rights
- Making a complaint
- Listening and helping you speak up
- Listening to what you want
Advocacy is about young people knowing their rights and their views and wishes are heard at all times.

An Advocate can help you:

- Say what you want to say
- Make sure your wishes and feelings are heard

They Will:

- Listen to you
- Help you make a complaint
- Make sure you understand your rights
- Go to looked after children’s reviews, child protection conferences or other meetings with you or for you