

# Every Baby Matters: observations and conversations

## Bonding and Attachment:

- Describe what it is like caring and looking after your baby.
- Explain how you cope when your baby cries a lot or is difficult to settle.
- Tell me about your relationship with your baby. If your baby could speak, what might they say?

## Health and Wellbeing:

- Tell me what you are enjoying about being parents. Is there anything that is worrying you?
- How are you feeling?
- Looking after yourself is important. How do you look after yourself?

## Knowledge and Expectations:

- Is there someone in your life that you can trust to offer you support and advice?
- Do you find the views/advice from other people (including social media) helpful?
- Where do you get your information from about being a parent/carer?



**What is it like to be a baby within the family?**  
**Are there any vulnerability factors?**  
**What support can be offered?**

## Community Strengths and Stressors:

- Tell me about how you feel about where you live and your local community.
- Do you feel able to access local groups and support from your community?
- Would you like to talk about financial pressures? Do you know where to get advice on benefits?

## Who is in your baby's life:

- Does anyone else help you look after your baby?
- If your baby could speak, who would they say is important to them. Who makes them smile or laugh?
- Relationships can often change after a baby has been born. Have you noticed any changes in your close relationships?

## Your baby's development:

- Babies born early can sometimes be more vulnerable. Have you got any concerns about your baby's health and development?
- Babies change/develop quickly, what changes have you noticed? Do you feel ready for the next stage of development?
- Tell me about an average day for you and your baby.

**Keeping Babies Safe for Practitioners - Think 3 S's**

**Safe Sleep:** See where the baby sleeps day & night.

**Safe Space:** Is it a safe home environment.

**Safe Handling:** Discuss the management of crying.

Refer to the [Every Baby Matters Vulnerability Guidance Document](#)



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