



If you are worried:

If you are worried and would like to talk to someone, there are special people at Chrysalis Care who can help you.

Or you can talk to your social worker or school teacher.



What will I do?

You may go to school or nursery where you will meet lots of other children and have fun.

You may also try some new hobbies and join clubs and take part in activities with your foster family like holidays, weekend or day trips.

Chrysalis Care foster families look after lots of children like you. You may get to meet some of them at special activities and fun days that we run during the year.

We also have a special team called **Children's Services**. We want to hear what you have to say. We are also here to help you and your foster family with activities, school work and lots of other things.

To contact Children's Services at Chrysalis Care please call: **07377 8484311**. To contact Ofsted **03001231231**, they inspect us to make sure we are doing everything we should be doing.



CORAM VOICE

You can receive support from a special adult (advocate) who will work with you, to try and solve any issues you may have, Monday to Friday 9.30am – 6pm (Free from a home phone – **0808 800 5792**)



Guide for Young Children

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Who are Chrysalis Care?

Chrysalis Care have lots of families who look after children, sometimes for a long time, sometimes for a little while. These families are called foster carers.

Social Worker - for you:

They will listen to you and will want to know what you think about things. They will help make plans for you and talk to you about how you can stay in touch with people you care about.

Social Worker - for your carer:

This social worker visits your carer and helps them provide the best care for you.

Chrysalis Care wants to:

We want to make sure you are as happy as you can be, whilst you are staying with your foster carers.

We aim to make sure that you:

- Keep safe and healthy
- Feel part of the family
- Are supported at school
- Feel listened to and respected
- Are able to follow your religion

Where will I live?

Chrysalis Care has lots of families who like fostering, so we can choose the best family for you. Our foster carers live in all sorts of places. Some live in London and some live by the seaside. When it is possible we will give you a family book which has photos and information all about the family you will live with. This is for you to keep.

How will my needs be met?

Depending on what your needs are we will make sure that your carer will suit you. Firstly we will try to make sure that you are looked after by a family that is able to meet your cultural and religious needs. We can also provide extra things like someone who can help you make a book about your life, or with your education, or a person to get to know you and talk to you or play with you. You can ask your carer or social worker for things or activities that might help you and we will do our best to make sure these are provided for you.

