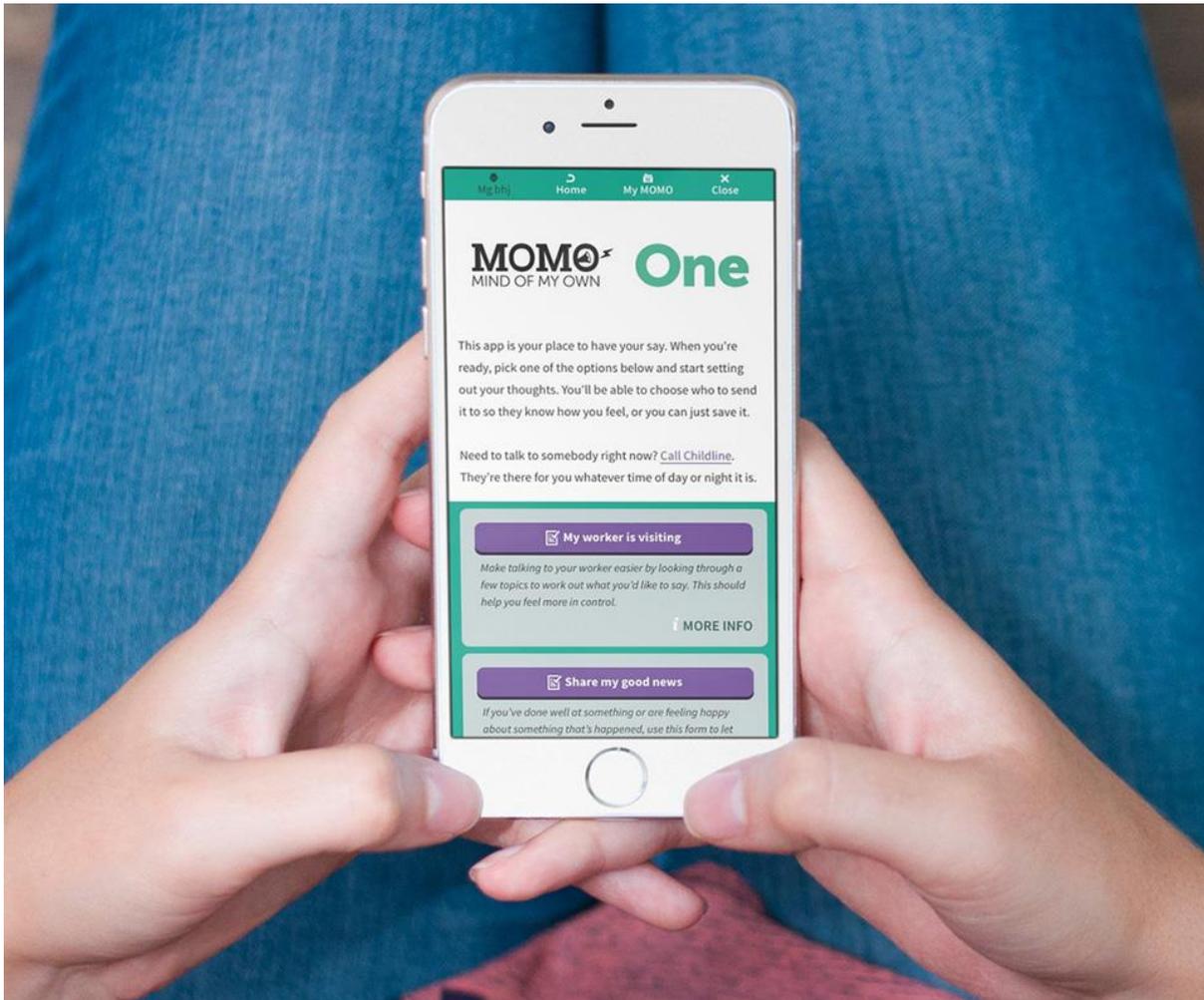


## Guide for anyone working with or supporting children and young people



### What does MOMO One do?

- Makes one-to-one conversations with young people easier
- Creates verbatim statements of their views
- Helps them prepare for meetings, raise problems or ask for something
- Facilitates problem solving and saves you and them time

# Get Started!

## Create your Workers MOMO account

- Go to: [workers.mindofmyown.org.uk](http://workers.mindofmyown.org.uk) (save on desktop)
- Click 'sign up', enter your details and wait for your account to be approved
- You will receive an email – follow the instructions
- Sign in and go to 'existing profiles' – select 'test profile' and have a practice
- Create a profile in Workers MOMO for children who can't have their own MOMO account. Use it with them to take you to MOMO One
- Remember to sign your young people up to their own accounts

Introduce MOMO to your young people when you meet or visit

Help them sign up for a young person's account, letting them be in control

Use MOMO together to guide your conversation, creating a record of their views

Ask them to send their views to you or any other workers they choose

Encourage your young person to use MOMO solo when you're not there

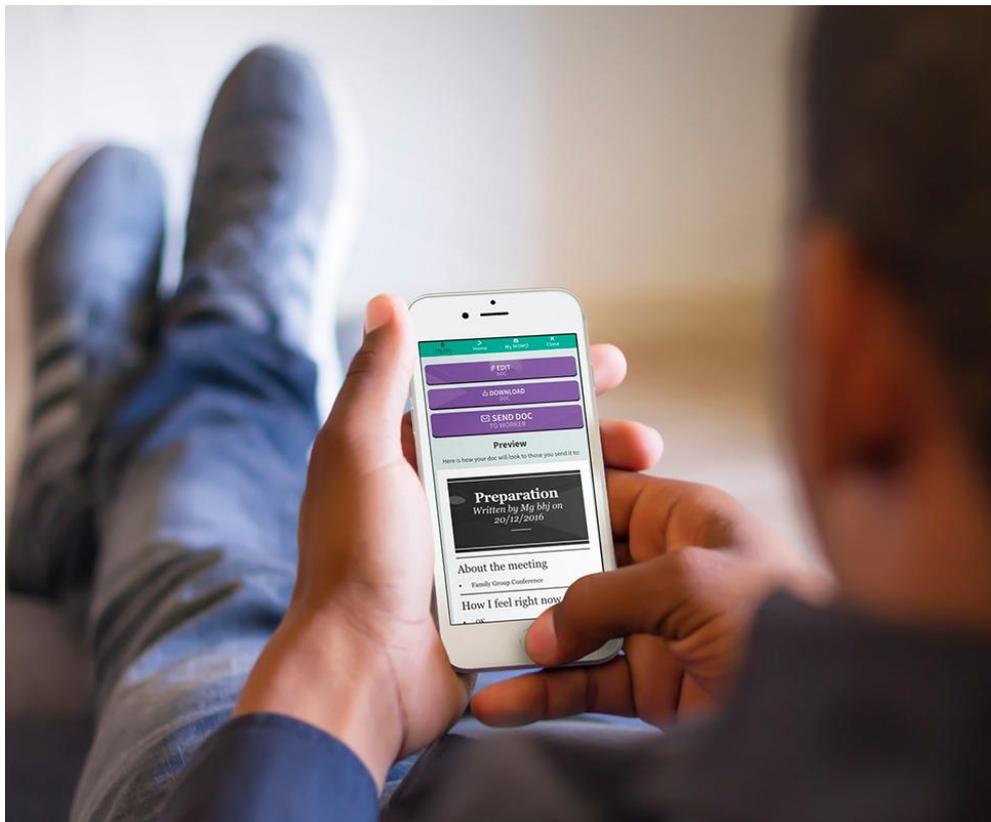
# Technical Requirements

## Devices that MOMO One works on

- MOMO One can be downloaded to Android and Apple devices and can be used on any internet browser at [app.mindofmyown.org.uk](http://app.mindofmyown.org.uk)
- Co-use it with your young person on their tablet or PC
- On a foster carer's tablet, your tablet, laptop or phone, placement's computer, school computer or any device with internet access
- Young people can sign up on one device then log in again from any other

## Using Wifi

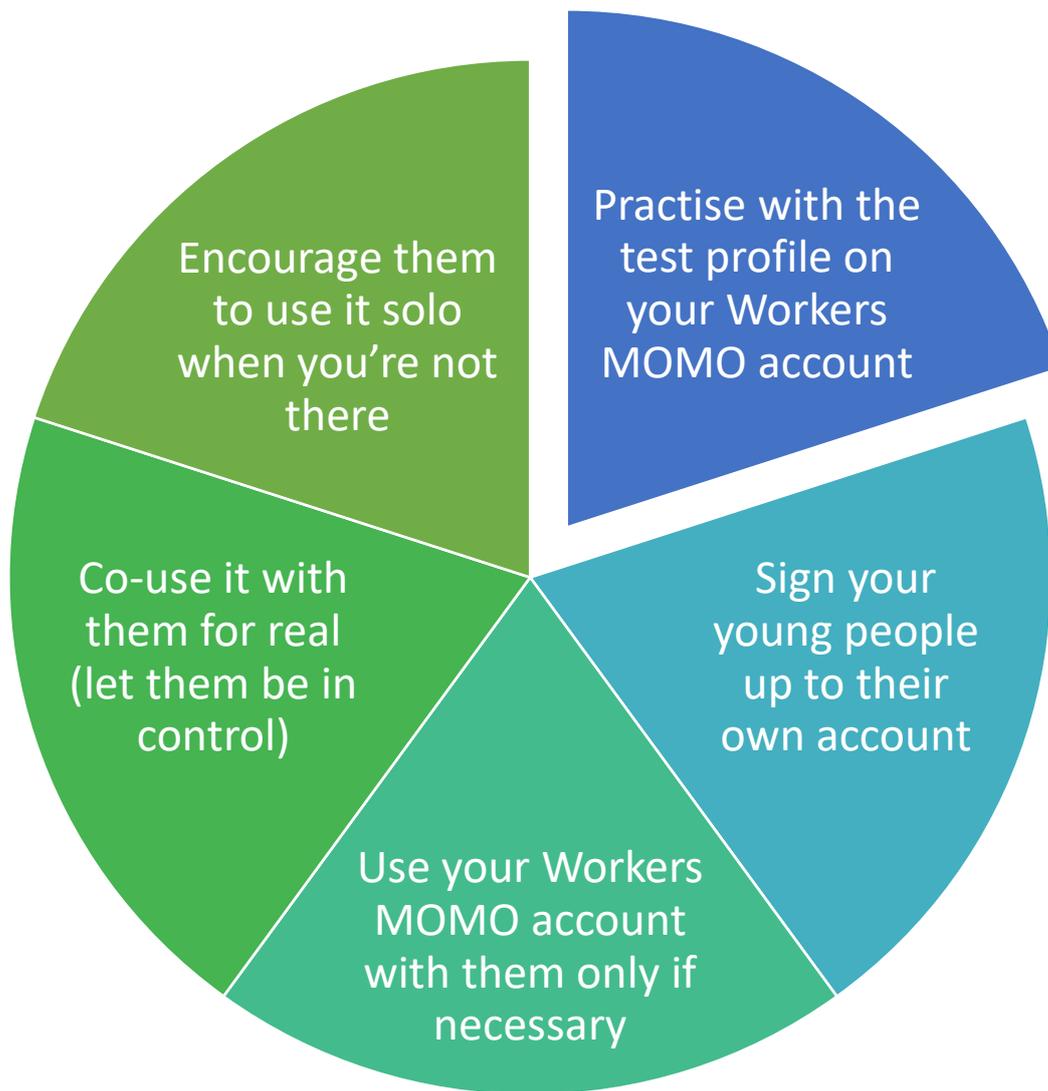
- MOMO needs an internet connection to work. You can get wifi in your house, office and public locations



## Email addresses

- Young people need an email address to have their own MOMO account
- Check if they have a personal or school one already
- If not, see if it's appropriate for them to use a foster carer's email or get an email address that's overseen – Use you worker account with them if they can't have their own account

# How to use MOMO One effectively



## Find Out More

Visit [www.mindofmyown.org.uk](http://www.mindofmyown.org.uk) for more information about MOMO

Please contact [csc.participation@cambridgeshire.gov.uk](mailto:csc.participation@cambridgeshire.gov.uk) if you have any questions regarding MOMO