To Enable Young People to Build a Future through Reparative, Nurturing and Trusting Relationships

Therapeutic Approaches that Inform Practice
- Individual Needs Led Assessment
- Psychodynamic Theory
- Attachment Theory
- Mentalisation
- Secure Base Theory
- Cognitive Behavioural Therapy
- Neuroscience
- Child Development
- Social Learning Theory

A Learning & Development Culture
- Therapeutic Practice Workshops
- Promotion of Reflective Practice and Mentoring
- Training, Education and Induction
- Recognition of Progress & Succession Planning
- Supervision and Performance Management
- Commitment to Policies and Protocols
- Sharing Outstanding Practice

The Team Around the Child
- Embedding the Voice of the Child
- Effective Multi-Disciplinary Working
- Holding the Child in Mind
- Working in a Caring Relationship
- Key Worker
- Knowing the Child’s History and Impact on their Behaviour
- Advocating for the Young People as well as Empowering them

A Relational Approach: Our Secure Base

Outcomes for the Young Person
- Positive Engagement in Education
- Increased Self-Esteem
- Improved Resilience
- Celebrating Success
- Develop Areas of Strength and Interest
- Establish Values that Promote Self-Worth & Identity
- Develop Positive Relationships from which they can Grow