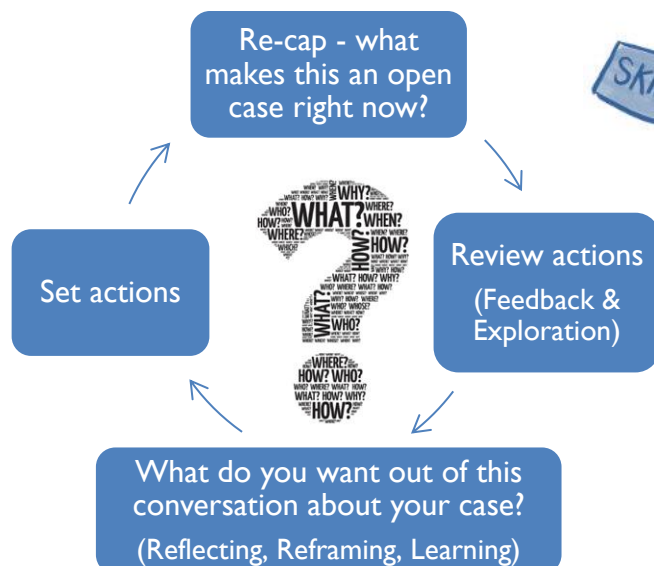


Reflective Supervision Tool



Example questions to support exploration, reflecting, reframing and learning

What are we worried about?	What's working well?	What needs to happen?
<p>Harm</p> <ul style="list-style-type: none"> • What have the adults done that has hurt or scared the child? • TED – tell me, explain, describe • First/worst/recent examples • How did this impact on the child? • How often does this happen? • What worries the child? <p>Danger Statement</p> <ul style="list-style-type: none"> • Based on what you know, what are you most worried will happen to the child if nothing changes? <p>Complicating Factors</p> <ul style="list-style-type: none"> • What makes it difficult to build safety? • Are there struggles with relationships within the family? • Has there been loss, trauma or difficult experiences? • Why do we think the adult/child does the things they do? • Beliefs, power and lifestyle? • What does the family/child/network/professionals think about this worry? 	<p>Existing Strengths</p> <ul style="list-style-type: none"> • What are the good things, people or plans in and around the family? • What are the best aspects of care for this child? • What are the parents most proud of? • How do the parents show availability, physically and emotionally to the child? <p>Existing Safety</p> <ul style="list-style-type: none"> • What things, people, or plans have kept this child safe in the past? • When the worrying behaviours have happened, what has someone done to protect the child? • How is the safety plan helping? • What would the child say makes them feel safe and loved? • What has improved? 	<p>Safety Goals</p> <ul style="list-style-type: none"> • What do we need to see to know the child is safe enough and we can close the case? How will this family create their safety plan? <p>Next Steps</p> <ul style="list-style-type: none"> • What needs to happen to move up on the safety scale? • And what else? • What else do we need to know or do to turn strengths into safety? • Words and picture? • Family network meeting? • What additional support is needed to help build sensitivity in the parent/carer to enable them to support the child? • What does the child want to happen? • What do the parents / support network want to happen? • Who else needs to help? • Any other important areas we have missed?

On a scale of 0-10, where 0 is - the concerns in the danger statement are happening constantly and badly, and 10 is - even if the danger is present, people are making sure the child is always safe, where would you scale the safety for this child today?

