

Birth Family Counselling

Adopt North East partners and commissions specialist services for birth parents and relatives from PAC-UK, a national organisation with expertise in this area.

Services commissioned include PAC-UK's First Family Service, face-to-face and telephone counselling, private intermediary services (for birth relatives of adults adopted as children) and support groups.

Services are intended to provide:

- Support and counselling of birth parents to understand and take part in Adoption Proceedings;
- Support and counselling of birth parents through feelings of grief, loss and anger;
- Support and information on the adoption process and what support is available to them;
- Support and Information about contact.

PAC-UK services commissioned by Adopt North East are available to birth parents and relatives where they have been affected by an adoption arranged by one of the five Local Authority partners (Gateshead, Newcastle, Northumberland, North Tyneside, South Tyneside). Any request to Adopt North East will be managed by the Adoption Support Duty System.