**SOUTH GLOUCESTERSHIRE SHORT BREAK SERVICES STATEMENT**

**INFORMATION, ADVICE AND SUPPORT FOR PARENTS AND CARERS**

**OF CHILDREN & YOUNG PEOPLE WITH DISABILITIES**

**SOUTH GLOS PARENTS AND CARERS**:

South Glos Parents and Carers previously Our Voice Matters is a group of parents and carers in South Gloucestershire with children and young people who have a disability or additional needs. We are helping to improve the services and support available for families in similar situations by working with the Local Authority and NHS South Gloucestershire. We experience it, so Our Voice Matters!

Website:[www.sglosparentsandcarers.org.uk](http://www.sglosparentsandcarers.org.uk/)

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**SUPPORTIVE PARENTS**

Supportive Parents is a parent-led organisation providing the Parent Partnership Service for Bristol, South Gloucestershire and North Somerset. This service is confidential and provides independent parental support to parents of children with special educational needs. They offer information and support by means of a telephone information and support line, face-to-face support at meetings and help with written information to enable parents to play a more active role in their child’s education. Supportive Parents encourages partnership between parents and professionals and gives feedback on their service to education providers.

This service is available: 10am – 2pm, Monday, Wednesday and Friday during term time only. Information and Support Line: 0117 9897725.

Website:  [www.supportiveparents.org.uk](http://www.supportiveparents.org.uk/)

Other Helpline telephone numbers

* NCH – The Children’s Charity: 0845 7626 579
* Contact a Family: 0808 808 3555

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**HOLIDAY AND WEEKEND ACTIVITIES**

**Children’s Playlink and the Buddy Scheme**

Providing holiday playschemes for up to 120 children and young people and individual support to attend mainstream clubs and groups:

Inclusive Play Advisor: Ash Lloyd - tel 01454 865631

[ash.lloyd@childrensplaylink.org.uk](mailto:ash.lloyd@childrensplaylink.org.uk)

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**SPECIAL FRIENDS**

A parent led organisation offering family activities on a membership basis:

tel 07783322650

[admin@specialfriendsclub.org.uk](mailto:admin@specialfriendsclub.org.uk)

[www.specialfriendsclub.org.uk](http://www.specialfriendsclub.org.uk)

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**FOREST PLAYSCHEME**

For up to 12 children under 5 years old with communication needs and/or on the autism spectrum who are in touch with the Department for Children and Young People Inclusion Support Service

Contact the Area SENCO: Telephone: 01454 863320

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**INCREDIBLE KIDS**

Incredible Kids aims to provide play and support services to families with a child with a disability or additional need to reduce inequality and social isolation.

* Provide four special events each year for families to attend
* Provide trained play workers to engage the children in meaningful play
* Provide parents with access to information about support services available
* Enable support service providers to access families within our sessions

Where: Christ the King Church, Bradley Stoke

Contact: 07889951114

For further details: incrediblekids.org.uk

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**HOP SKIP AND JUMP**

A local play and support centre for children with special needs and their families. Providing Saturday activity and holiday sessions for up to 24 children.

Telephone: 0117 967 7282

For further details: www.hopskipandjump.org.uk

[southwest@hopskipandjump.org.uk](mailto:southwest@hopskipandjump.org.uk)

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**WOODSIDE CENTRE**

A centre supporting families with children with dual sensory impairments or single sensory loss with complex needs. The centre provides a range of activities including family session and holiday short breaks

Contact: Telephone: 0117 967 0008

[woodside@sense.org.uk](mailto:woodside@sense.org.uk)

[www.sense.org.uk](http://www.sense.org.uk)

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**LOCAL BRANCH OF THE NATIONAL AUTISTIC SOCIETY**

The local branch organises a range of family based activities at weekends and in the holidays for members of the local branch. Parents accompany their child to these activities

Contact: Rachel Trueman

Telephone: 07917085132

[www.nasbranch.org.uk/southglosucestershire](http://www.nasbranch.org.uk/southglosucestershire)

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**THE NATIONAL AUTISTIC SOCIETY**

Provides weekly evening clubs in term times for up to 20 young people aged 8-12 or 13-18.

Contact: supportercare@nas.org.uk

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**SPECTRUM RESPITE**

An organisation offering a range of day and overnight weekend activities for young people on the autism spectrum who attend mainstream schools or resource bases within the schools

Contact: Telephone: 07541410539

[info@spectrumrespite.co.uk](mailto:info@spectrumrespite.co.uk)

**Evening Activities** See above for the NAS provision

**KIDS YOUNG PEOPLE PARTICIPATION GROUP**

A membership group of up to 28 young people to support them in participation work.

Email: [bristol@kids.org.uk](mailto:bristol@kids.org.uk)

Telephone 0117 9 476111

For further details: [www.kids.org.uk](http://www.kids.org.uk)

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**THE YOUTH SERVICE**

The service runs bridging clubs in designated youth centres covering the South Gloucestershire Area for young people aged 13-19 years of age. The clubs are targeted for young people with additional needs and are at Little Stoke Youth Centre, Brimsham Green Youth Centre in Yate and Made for Ever Youth Centre in Kingswood. The sessions run on the same basis as for the other youth clubs, e.g. they offer opportunities to take part in activities such as dance, drama, cooking, music, sport, computers etc as well as residential trips.

**Little Stoke (Star Kids Club)** Telephone 01454 865730

**Brimsham Green** Telephone 01454 868538

**Made for Ever** Telephone 01454 868593

**St Andrews Youth Club, St Andrews Methodist Youth Centre, Filton**

Catering for young people aged over 19

Telephone 0117 969 1938

**Disability Sports**

Contact Senior Sports Development Co-ordinator for details of sports sessions in South Gloucestershire

Telephone 01454 865821

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**OTHER PLACES TO LOOK**

Local Offer

[**http://www.southglos.gov.uk/health-and-social-care/care-and-support-children-families/local-offer/**](http://www.southglos.gov.uk/health-and-social-care/care-and-support-children-families/local-offer/)

1 Big Database

[**http://www.1bigdatabase.org.uk/**](http://www.1bigdatabase.org.uk/)