

Sport and Other Activity Clubs for Children and Young People

Guidelines for ensuring that children/young people attending these clubs and those working in these organisations are safeguarded

This guidance has been produced by Local Safeguarding Children Boards, which are made up of key partners in local authorities, health, police, education and the voluntary/community sector.

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Introduction

Safeguarding is everyone's responsibility. Everyone who comes into contact with children, young people and their families has a responsibility for keeping them safe. It is good practice for organisations that involve children in sports or other activities to have a safeguarding policy which is regularly reviewed and updated, ensuring that all members, staff and volunteers are aware of and signed up to this. Contained within this document are statements and guidelines that provide organisations with the framework that can be built on and tailored to meet the specific needs of the organisation.

Key Principles

- Children should be supervised at all times
- There should be clear guidelines or procedures for reporting with concerns about children within the group and onwards to Police and Children's Social Care
- All staff and volunteers should have knowledge about safeguarding
- Staff should be well supported, able to access training in safeguarding and feel able to discuss any concerns about children with their managers or club officials
- Parental involvement (e.g. as observers or as accompanying adults) should be encouraged
- Resources should be sufficient to run activities safely and in line with health and safety guidelines
- Premises should be risk assessed and safe
- Safeguarding practice amongst staff/volunteers should reflect the group's policy and should be designed to also protect them from allegations of misconduct

These guidelines provide a useful first step into considering the policies and safe working practices the organisation should adopt to ensure the protection of children, young people and any vulnerable adults in their care. A child is defined as anyone up to the age of 18 years. The regulation relating to children taking part in activities apply up to statutory school leaving age, which is the last Friday in June of the school year in which they become 16. Organisations also have a "duty of care" towards young people between statutory school leaving age until they are 18. They may not be required to be supervised by parents/carers but they still need to be protected by Child Protection policies and procedures.

Why do we need a policy?

The policy should include:

1. An understanding across the organisation of its role in the protection of children in its care.
2. Guideline expectations on how to keep children safe
3. Identifying a lead person for safeguarding
4. Risk assessment and risk management e.g. areas of potential hazard, travel and routes to and from venues, including away fixtures etc.
5. How to recognise if a child is suffering significant harm and how to respond
6. Guidelines for safer working practices.
7. Safer recruitment practice linked to current legislation and issues
8. Training provision and staff supervision.
9. What to do if there is a problem.

Please note that it is NOT the role of the organisation to decide whether a child has been abused or not. This is the role of the Police and Local Authority Children's Social Care. It is however **everybody's responsibility to ensure that concerns are shared and action is taken.**

Referrals should be made to Police and/or Social Care if it is thought that a child is being harmed, abused or at risk of abuse not only within the club environment but also in their home, community or school.

All members, staff and volunteers should be fully aware of the policy; they must understand their responsibilities and be 'signed up' to them.

The most important thing to remember is that the key to a robust safeguarding policy is that it is:

- used, shared and works for staff and children and young people that attend your organisation
- and that it is reviewed and updated annually.

Sample Safeguarding & Child Protection Policy

Name of organisation is fully committed to safeguarding the welfare of all children and young people up to the age of 18. We recognise our responsibility to take all reasonable steps to promote safe practice and to protect children from harm, abuse and exploitation.

Name of your organisation acknowledges its duty to act appropriately to any allegations, reports or suspicions of abuse. All staff and volunteers will work together to encourage the development of an ethos which embraces difference and diversity and respects the rights of children, young people and adults.

Name of your organisation recognises its duty of care under the Children' and Young Persons Act 1963, the Children (Performances and Activities) (England) Regulations 2014, the Children Act 1989 and Working Together to Safeguard Children 2015.

Name of your organisation will ensure that:

- The welfare of the child is paramount
- All children, whatever their age, culture, disability, gender, language, racial origin, religious beliefs and/or sexual identity have the right to protection from abuse
- All suspicions and allegations of abuse will be taken seriously and responded to swiftly and appropriately

Name of your organisation will ensure that:

- Everyone will be treated with respect and dignity
- The welfare of each child will always be put first
- Enthusiastic and constructive criticism will be given to pupils rather than negative criticism
- Bullying will not be accepted or condoned
- All adult members will provide a positive role model
- Action will be taken to stop any inappropriate behaviour
- It will comply with health & safety legislation
- It will keep informed of changes in legislation and policies for the protection of children
- It will undertake relevant professional development and training
- It will ensure all contact and medical details for every child is up to date and available at the place of teaching or performance.
- All staff and volunteers will receive safeguarding awareness training.

Name of organisation has a designated Safeguarding lead who is in charge of ensuring that the child protection policy is adhered to. The Designated Safeguarding Lead (DSL) is*Insert name*..... and he/she can be contacted on:.....

There is also a Deputy DSL who is.....*Insert name*..... and he/she can be contacted on:.....

In implementing this policy ***Name of organisation*** will:

- Ensure that all workers/members understand their legal and moral responsibility to protect children and young people from harm, abuse and exploitation.
- Ensure that all workers/members and volunteers understand their duty to report concerns that arise about a child or young person, or a worker's conduct towards a child or young person to the Designated Safeguarding Lead.
- The Designated Safeguarding Lead will refer any child protection concerns to the statutory child protection agencies (i.e. Police and/or Children's Social Care).
- Inform children, young people and parents of who the Designated Safeguarding Lead and Deputy are and be able to raise any safeguarding concerns & know that these will be taken seriously and acted upon.
- Ensure that workers/members will work implemented in a consistent and equitable manner in line with the safer working practice guidance.

This policy will be regularly monitored by ***name of proprietor of organisation*** and will be subject to an annual review.

Signed:

Date policy agreed:

Date policy to be reviewed:

What to do if you think a child could be experiencing abuse and/or neglect

Definition of safeguarding

Safeguarding and promoting the welfare of children, defined for the purposes of this guidance as:

- *protecting children from maltreatment;*
- *preventing impairment of children's health or development;*
- *ensuring that children are growing up in circumstances consistent with the provision of safe and effective care; and*
- *taking action to enable all children to have the best life chances.*

Child Protection

Child protection: Part of safeguarding and promoting welfare. This refers to the activity that is undertaken to protect specific children who are suffering, or are likely to suffer, significant harm.

- *Working together to safeguard children, March 2015*

If you have any concerns that a child may be experiencing or at risk of harm or neglect, contact the relevant Children's Social Care (where the child lives)

Bournemouth: 01202 458101

Poole: 01202 735046

Dorset: 01202 228866

If you feel a child or young person is in immediate danger contact the Police on 999

Appendix 6 can be used as a poster for easy reference to the contact details.

Disclosure

Disclosure of abuse

If a child or young person confides in you that they have been abused:

- Remain calm and in control, but do not delay in taking action
- Listen carefully to what has been said. Allow the child to tell you at their own pace and ask questions only for clarification. Don't ask questions that suggest a particular answer.
- Don't promise to keep it a secret. Use the first opportunity you have to share the information with the Designated Safeguarding Lead (or if they are unavailable, contact Children's Social Care or the Police). Make it clear to the child that you will need to share the information with others and that you will only tell the people who need to know and who should be able to help
- Reassure the child that they 'did the right thing' in telling someone.
- Tell the child what you will do next
- Speak immediately to the Designated Safeguarding Lead (the person with responsibility for child protection). It is that person's responsibility to liaise with the relevant authorities, usually Children's Social Care or the Police
- Never investigate or take sole responsibility for a situation where a child makes a disclosure
- As soon as possible after the disclosing conversation, make a note of what was said, using the child's own words. Note the date, time, any names that were involved or mentioned, and who you gave information to. Make sure you sign and date your record.

The Designated Safeguarding Lead would discuss concerns with a parent/carer if this was thought not to place the child at further risk. When the disclosure is about something a parent/carer has done, the Designated Safeguarding Lead should always seek advice from Children's Social Care first. (See Appendix 6)

Other areas in which safeguarding will be considered:

- Forced marriage/honour based violence/ female genital mutilation (FGM)
- Gangs and youth violence
- Gender based violence/violence against women and girls (VAWG)
- Mental health
- Private fostering arrangements
- Radicalisation/extremism
- Sexting/grooming and other E safety issues

- Teenage relationship abuse
- Trafficking

Photographs and images of children

- There are risks posed directly and indirectly to children and young people through the use of photographs on web sites and in other publications such as theatre programmes. Photographs can be used as a means of identifying children when they are accompanied with personal information, for example 'this is X who goes to such-and-such a school who likes playing football'. This information can make a child vulnerable to an individual who may wish to start to 'groom' that child for abuse. Secondly the content of the photo can be used or adapted for inappropriate use. There is evidence of this adapted material finding its way onto child sexual abuse image sites.
- Organisations need to develop a policy in relation to the use of images of children and young people on their websites, programmes and other material. The organisation will need to assess potential risks to the child when making decisions about the type of images they wish to use and the way they are used. Organisations should ensure that parents support the policy. Use of names of individuals in a photograph should be limited and it is sensible to avoid use of any additional information that might help locate the child. Using only images of children in suitable dress may reduce the risk of inappropriate use. Parental permission to use an image of a young person must be sought in advance.

If parents or other members of the audience are intending to photograph or video an event they should be made aware of the organisation's policy. The use of cameras or mobile phones and camera or filming capability in dressing rooms and other inappropriate environments should be expressly forbidden.

If the organisation permits the use of personal photograph taking, parents/carers must be advised that this is for personal use only and photos of other children must not be put on social media without the permission of the child's parent(s).

E-Safety

- Most of our children will use mobile phones and computers. They are a source of fun, entertainment and education. However, we know that some men, women and young people will use these technologies to harm children. The harm might range from sending hurtful or abusive texts and e-mails, to enticing children to engage in sexually harmful conversations, webcam photography or face to face meetings.
- All staff/ volunteers must not communicate with children via their phone or on social media. Communication should just be with the parent/carer.
- Staff should not be 'friends' on social media with any pupil.

- Cyber bullying by children via texts and e-mail will be treated as seriously as any other type of bullying.
- Mobile phones with cameras should not be permitted in the changing rooms except for emergency communication with the designated members of staff. No photos are to be taken by anyone on any device backstage.

Safer Recruitment

All staff and volunteers must go through a recruitment process which takes into account safeguarding issues as follows:

- A DBS check for the Child Workforce that is “enhanced” with “barring”.
- Two references, at least one of which must be a professional reference. If the second reference is personal it must not be from a family member
- The interview process must include questions about safeguarding
- The recruitment process will share the organisations safeguarding policy and expectations
- Relevant qualifications and experience should be evidenced in order to practice safely

Parents/carers

- It is important that there is a partnership between parents and the organisation. Parents/carers should be encouraged to be involved in the activities of the organisation and to share responsibility for the care and safeguarding of the children.
All parents should be given a copy of the organisation’s Child Protection/safeguarding policy and procedures.
- All parents/carers should be made aware that they have the responsibility to collect (or arrange collection of) their children after sessions. The organisation has a responsibility to ensure suitable arrangements are in place to take children home and should ensure that they are being collected by agreed adults.

Unsupervised Contact

- The organisation will ensure that no unauthorised adult has contact with the children.
- If possible there should be two adults in the room/ area when working with children
- If unsupervised contact is unavoidable (i.e. only one member of staff present), steps will be taken to minimise risk. For example, work will be carried out in a public area or in a designated room with the door open.
- All children will be supervised at all times by their own parent or group officials when taking part in “away matches / events”

Participant Behaviour

- It is expected that all staff and pupils respect each other
- If there are incidents of unacceptable verbal or physical behaviour relating to pupils these will be challenged by staff and where appropriate brought to the attention of the parent.
- All prejudice incidents will be challenged
- Sanctions should be applied in agreement with parents/carers where necessary
- Any incidents of inappropriate verbal or physical behaviour from staff must be brought to the attention of the Designated Safeguarding Lead and Manager. The relevant disciplinary process will be followed. If this has put a child at risk of significant harm the incident must be referred to the Local Authority Designated Officer (LADO) who has a responsibility for ensuring that those working with children are “suitable” to do so and for co-ordinating any investigation of allegations against staff/volunteers.

Staff Behaviour

- All staff will abide by the Safer Working Practice guidance <https://www.gov.uk/government/publications/working-together-to-safeguard-children--2>
- It is best practice to develop a Code of Conduct to
- Adults will only touch children/young people when it is absolutely necessary in relation to the particular activity
- Adults will seek the consent of the child/young person prior to any physical contact and the purpose of the contact shall be made clear

Allegations against staff

Any report of concern about the behaviour of a member of staff or allegation of abuse against a member of staff must immediately be reported to the Proprietor / DSL or who will refer to the appropriate Local Authority Designated Officer (LADO), If this is an allegation that a member of staff may have caused harm to a child.

Bournemouth: 01202 4568103

Poole: 01202 633694) (01202 714677) (01202 714747)

Dorset: 01305 221122

Any concern or allegation against the Proprietor(s) will be reported to the Governing Body or Trustees of an organisation.

Concerns about a colleague

Staff who are concerned about the conduct of a colleague towards a child are undoubtedly placed in a very difficult situation. They may worry that they have misunderstood the situation and they will wonder whether a report could jeopardise their colleague's career. All staff must remember that the welfare of a child is paramount and know who to report concerns to.

Responsibilities of the organisation

- Engage in effective recruitment of staff, officials and volunteers with responsibility for children, including appropriate vetting through DBS checks (if necessary in consultation with the Local Authority)
- Ensure that children are supervised by a responsible adult at all times
- Ensure that the Designated Safeguarding Lead knows how to contact their local Children's Social Care teams if they need to report or discuss any concerns.
- Ensure that you read and update yourself on the guidance produced by your lead body / national organisations and cascade this to other staff/volunteers
- Ensure that all staff and volunteers are regularly trained in safeguarding
- Produce and update a Code of Conduct for staff/volunteers that they will sign up to on a regular basis

Appendix 1

Recognising the signs & symptoms of abuse:

1. Abuse comes under the main headings of physical abuse, sexual abuse, emotional abuse and neglect. See 'What to do if you're worried a child is being abused: advice for practitioners' <https://www.gov.uk/government/publications/what-to-do-if-youre-worried-a-child-is-being-abused--2>
All staff should be given a copy of this document with a copy of your safeguarding policy and sign to say they've read both of them.

Suspicion of abuse

2. You may observe signs or symptoms which may indicate a child is either suffering or at risk of suffering significant harm:
 - Children whose behaviour changes – they may become aggressive, challenging, disruptive, withdrawn or clingy, or they might have difficulty sleeping or start wetting the bed;
 - Children with clothes which are ill-fitting and/or dirty;
 - Children with consistently poor hygiene;
 - Children who make strong efforts to avoid specific family members or friends, without an obvious reason;
 - Children who don't want to change clothes in front of others or participate in physical activities;
 - Children who are having problems at school, for example, a sudden lack of concentration and learning or they appear to be tired and hungry;
 - Children who talk about being left home alone, with inappropriate carers or with strangers;
 - Children who reach developmental milestones, such as learning to speak or walk, late, with no medical reason;
 - Children who are regularly missing from school or education;
 - Children who are reluctant to go home after school;
 - Children with poor school attendance and punctuality, or who are consistently late being picked up;
 - Parents who are dismissive and non-responsive to practitioners' concerns;
 - Parents who collect their children from school when drunk, or under the influence of drugs;
 - Children who drink alcohol regularly from an early age;
 - Children who are concerned for younger siblings without explaining why;
 - Children who talk about running away; and
 - Children who shy away from being touched or flinch at sudden movements.

(Extract from: What to do if you're worried a child is being abused March 2015)

Physical Abuse:

3. Physical abuse

Physical abuse is deliberately physically hurting a child. It might take a variety of different forms, including hitting, pinching, shaking, throwing, poisoning, burning or scalding, drowning or suffocating a child.

Physical abuse can happen in any family, but children may be more at risk if their parents have problems with drugs, alcohol and mental health or if they live in a home where domestic abuse happens. Babies and disabled children also have a higher risk of suffering physical abuse.

Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces, illness in a child. Physical abuse can also occur outside of the family environment.

Some of the following signs may be indicators of physical abuse:

- Children with frequent injuries;
- Children with unexplained or unusual fractures or broken bones; and
- Children with unexplained:
bruises or cuts;
burns or scalds; or
bite marks.

In the sport and activities sector, physical abuse could also include an adult's coercion into or conspiring with children and young people's excessive physical exercise and training and/or deprivation of sufficient rest and sustenance.

Parents and other adults should also be alert to self- abuse including cutting and eating disorders.

Emotional Abuse:

4. Emotional abuse is the persistent emotional maltreatment of a child. It is also sometimes called psychological abuse and it can have severe and persistent adverse effects on a child's emotional development.

Although the effects of emotional abuse might take a long time to be recognisable, practitioners will be in a position to observe it, for example, in the way that a parent interacts with their child. Emotional abuse may involve deliberately telling a child that they are worthless, or unloved and inadequate. It may include not giving a child opportunities to express their views, deliberately silencing them or ‘making fun’ of what they say or how they communicate.

Emotional abuse may involve serious bullying – including online bullying through social networks, online games or mobile phones – by a child’s peers.

Some of the following signs may be indicators of emotional abuse:

- Children who are excessively withdrawn, fearful, or anxious about doing something wrong;
- Parents or carers who withdraw their attention from their child, giving the child the ‘cold shoulder’;
- Parents or carers blaming their problems on their child; and
- Parents or carers who humiliate their child, for example, by name-calling or making negative comparisons. In the sport and activity sector this will also include trainers and mentors in “loco parentis”.

Sexual Abuse

5. Sexual abuse is any sexual activity with a child. You should be aware that many children and young people who are victims of sexual abuse do not recognise themselves as such. A child may not understand what is happening and may not even understand that it is wrong. Sexual abuse can have a long-term impact on mental health.

Sexual abuse may involve physical contact, including assault by penetration (for example, rape or oral sex) or non-penetrative acts such as masturbation, kissing, rubbing and touching outside clothing. It may include non-contact activities, such as involving children in the production of sexual images, forcing children to look at sexual images or watch sexual activities, encouraging children to behave in sexually inappropriate ways or grooming a child in preparation for abuse (including via the internet). Sexual abuse is not solely perpetrated by adult males. Women can commit acts of sexual abuse, as can other children.

Some of the following signs may be indicators of sexual abuse:

- Children who display knowledge or interest in sexual acts inappropriate to their age;
- Children who use sexual language or have sexual knowledge that you wouldn’t expect them to have;

- Children who ask others to behave sexually or play sexual games; and
- Children with physical sexual health problems, including soreness in the genital and anal areas, sexually transmitted infections or underage pregnancy

Child sexual exploitation is a form of sexual abuse where children are sexually exploited for money, power or status. It can involve violent, humiliating and degrading sexual assaults. In some cases, young people are persuaded or forced into exchanging sexual activity for money, drugs, gifts, affection or status. Consent cannot be given, even where a child may believe they are voluntarily engaging in sexual activity with the person who is exploiting them. Child sexual exploitation doesn't always involve physical contact and can happen online. A significant number of children who are victims of sexual exploitation go missing from home, care and education at some point.

Some of the following signs may be indicators of sexual exploitation:

- Children who appear with unexplained gifts or new possessions;
- Children who associate with other young people involved in exploitation;
- Children who have older boyfriends or girlfriends;
- Children who suffer from sexually transmitted infections or become pregnant;
- Children who suffer from changes in emotional well-being;
- Children who misuse drugs and alcohol;
- Children who go missing for periods of time or regularly come home late; and
- Children who regularly miss school or education or don't take part in education.

Child Sexual Exploitation is a form of sexual abuse where children are sexually exploited for money, power or status. It can involve violent, humiliating and degrading sexual assaults. In some cases, young people are persuaded or forced into exchanging sexual activity for money, drugs, gifts, affection or status. Consent cannot be given, even when a child may believe they are voluntarily engaging in sexual activity with the person who is exploiting them. Child Sexual exploitation doesn't always involve physical contact and can happen online. A significant number of children who are victims of sexual exploitation go missing from home, care and/or education at some point.

Sexual exploitation includes adults coercing or being compliant with children dressing, interacting and behaving in an over sexualised, age inappropriate manner.

Some of the following signs may be indicators of sexual exploitation:

Children who appear with unexplained gifts or possessions

Children who have much older boy/girlfriends or appear to socialise with much older groups of men/women

Children who are staying out overnight or going away for weekend with older friends

Neglect:

6. Neglect is a pattern of failing to provide for a child's basic needs, whether it be adequate food, clothing, hygiene, supervision or shelter. It is likely to result in the serious impairment of a child's health or development.

Children who are neglected often also suffer from other types of abuse. It is important that practitioners remain alert and do not miss opportunities to take timely action.³ However, while you may be concerned about a child, neglect is not always straightforward to identify.

Neglect may occur if a parent becomes physically or mentally unable to care for a child. A parent may also have an addiction to alcohol or drugs, which could impair their ability to keep a child safe or result in them prioritising buying drugs, or alcohol, over food, clothing or warmth for the child. Neglect may occur during pregnancy as a result of maternal drug or alcohol abuse.

Some of the following signs may be indicators of neglect:

- Children who are living in a home that is indisputably dirty or unsafe;
- Children who are left hungry or dirty;
- Children who are left without adequate clothing, e.g. not having a winter coat;
- Children who are living in dangerous conditions, i.e. around drugs, alcohol or violence;
- Children who are often angry, aggressive or self-harm;
- Children who fail to receive basic health care⁴; and
- Parents who fail to seek medical treatment when their children are ill or are injured

- *Definitions taken from "What to do if..."*

Appendix 2

Links to referenced documents in the above policy:

1. Bournemouth and Poole LSCB
<http://bournemouth-poole-lscb.org.uk/home>
2. Keeping Children Safe in Education
<https://www.gov.uk/government/publications/keeping-children-safe-in-education--2>
3. What to do if you're worried a child is being abused – March 2015
<https://www.gov.uk/government/publications/what-to-do-if-youre-worried-a-child-is-being-abused--2>
4. Working Together to Safeguard Children March 2015
<http://www.workingtogetheronline.co.uk/chapters/contents.html>
5. Guidance for Safer Working Practice for Adults who Work with Children and Young People
<http://webarchive.nationalarchives.gov.uk/20100202100434/dcf.gov.uk/everychildmatters/resources-and-practice/ig00311/>

Appendix 3

Advice for parents/carers in keeping children safe in Clubs, sports and activities (Taken from the NSPCC Child Protection Sports Unit)

Keeping your child safe in clubs, playing sport and at other activities

It's great if your child wants to get involved in clubs and sports. It can help them develop skills, make new friends and build self-confidence. But it's important to know that the people running the activity take your child's safety as seriously as you do.

So before your child starts joining in, here are some things to find out.

- ✓ **Is there a child protection policy?**
Every organisation should know how children will be kept safe. If there isn't a written policy then you may want to think about whether you want your child to join.
- ✓ **Who do you speak to if you're worried about anything?**
It's important you know who to talk to if there's anything that's worrying you.
- ✓ **Is there a written code of conduct for coaches and volunteers?**
You want to know that the people who will be in charge of your child have a set of rules and requirements they have to follow.
- ✓ **What happens when your child has to travel to "away" events?**
Sometimes your child might have to go on trips with the club. They should have a policy that covers things like the recommended ratio of adults to children and how travel will be arranged between locations.
- ✓ **Are all staff trained, qualified and police checked to work with young people?**
The club should be able to confirm all the necessary checks have been completed.
- ✓ **How are health and safety issues handled?**
For example, is there always a trained first aider on hand and are all the fire exits marked and easy to open?
- ✓ **What's the policy if a child needs personal care?**
If anyone from the club ever has to do anything that a parent would normally do, like taking a young child to the toilet, it's important that they have guidelines that have to be followed.

You can find further useful information about good practice from our [Child Protection in Sport Unit](#).
The great majority of clubs and activity centres will have all these safeguards in place. If you aren't sure they do, ask to see the policies for yourself. After all, nothing's more important than having the peace of mind that your child is in safe hands.

For more information: <https://thecpsu.org.uk/>

Disclosure

- If a child discloses abuse or what may seem to be abuse;
- Begin by believing the child
- Remain calm (easier said than done!)
- Do not ask any leading question
 - T – Tell me
 - E – Explain that to me
 - D – Describe that to me
- Make some notes and contact Children's Social Care/Police



Appendix 5

Advice for staff/officials/volunteers

Additional things to remember when accompanying children/ young people on trips or away fixtures:

- Wear your ID badge at all times
Maximum ratio is 1 member of staff to 12 children
- List of the names of children you are looking after
- Parent/carer contact details / who is authorised to collect
- Parent/carer contact details should be in a place that is accessible to all those who may need it
- **not just on a mobile phone**
- Medical needs
- Fire exits
- First aid procedures/kit
- Separate changing rooms/areas for boys and girls over 5
- Separate toilets
- Time in/out breaks and who is collecting
- No child should take part if they are injured/unwell.

Helpful Hints:

DO:

- Make sure the children you are looking after are comfortable
- Know who you are working for, the other staff/officials and who to report any concerns to
- Escort the children to and from activity location
- Complete daily time sheets
- Challenge people/behaviours that appear risky
- Be alert to possible risks

DON'T:

- Give your own child preferential treatment if you are also accompanying other children
- Leave the child alone with another adult (unless it is their parent or club official)
- Take photos of child/ren/young people unless parents/carers have given written permission as part of your organisation's policy. It is very unwise to take photos on a staff member's personal device
- Use inappropriate language or smoke while on duty
- Consume or be under the influence of alcohol
- Wear inappropriate/revealing clothing

Appendix 6

Reporting concerns – contact numbers:

If you have any concerns that a child may be experiencing or at risk of harm or neglect, contact the relevant Children's Social Care (where the child lives).

Bournemouth: 01202 458101

Poole: 01202 735046

Dorset: 01202 228866

If you feel a child or young person is in immediate danger contact the Police on 999

Local Authorities Designated Officer (LADO)

For advice concerning suitability of staff/volunteers and allegations about improper conduct of staff/volunteers working with children or vulnerable adults.

Bournemouth:

Mike Masterman

01202 458103

Lado@bournemouth.gcsx.gov.uk

Poole:

John McLaughlin 01202 714740

Julie Murphy (Education and Early Years settings only) 01202 633694

Jill Aiken 01202 714747

Email: safeguardingchildren@poole.gcsx.gov.uk

Dorset:

Patrick Crawford 01305 221122

sasteam@dorsetcc.gcsx.gov.uk

Appendix 7

Sources of further information and advice

Further information on safeguarding in this area of work can be found on the NSPCC website <https://thecpsu.org.uk/> and <https://www.nspcc.org.uk/> as well as professional lead bodies such as the Football Association.

Information/Advice on/for swimming clubs:

www.swimming.org/asa/clubs-and-members/safeguarding-children

Information and Advice on water sports clubs

<http://www.rya.org.uk/infoadvice/childprotection/Pages/CPPolicyGuidelines.aspx>

For local parents/carers:

This link offers general advice on choosing activity clubs for your child and questions to ask about safeguarding/safety.

Poole Family information Directory

<http://www.poolefamilyinformationdirectory.com/kb5/poole/fis/advice.page?id=i187Jeb1r7M&category=1>.

Dorset Family Information Directory

<https://familyinformationdirectory.dorsetforyou.gov.uk/kb5/dorset/fsd/home.page>

For clubs:

Many clubs with young people have achieved Club mark (Sport England Quality Assurance Scheme) or their NGB equivalent e.g. Charter Standard in football.

Clubmark is the universally acknowledged cross sport accreditation scheme for community sports Clubs. It shows that a Club provides the right environment which ensures the welfare of members and encourages everyone to enjoy sport and stay involved throughout their lives. An accredited Club is recognised as a safe, rewarding and fulfilling place for participants of all ages as well as helping parents and carers know that they're choosing the right Club for their young people.

Dorset County Football Association – Welfare Officers

All Football Clubs with youth sections and youth leagues are required by the FA to have an appointed Club or Youth League Welfare Officer

Sports Coach UK offers Safeguarding training. This workshop is a 'Minimum Standards for Active Coaches' requirement for many governing bodies of sport. The 'Minimum Standards for Active Coaches' are seen as the basic standards every coach needs to meet to carry out their role safely and effectively. Active Dorset run some of these courses locally. The next one is in Weymouth on 22nd Feb 2017.

Appendix 8 - NSPCC helpline (poster version)

3 DECEMBER 2016 / News

New helpline for footballers who've experienced sexual abuse

Over 800 calls made to our dedicated helpline in its first week

Our free helpline, supported by the FA, has seen a surge in calls since launch on 23 November. The helpline, which offers support to anyone who was sexually abused in football as a child, received:

- ◆ 50 calls within the first 2 hours of opening
- ◆ 860 calls in the first week!

Helpline staff also made 60 referrals to police or social services in the first 3 days. This is more than triple the number of referrals made in the first 3 days of our Savile helpline, which opened in 2012².

The helpline follows ex-football players Andy Woodward, Steve Walters and Paul Stewart speaking out last week about the abuse they suffered as young footballers.



**Call our
helpline**

Don't wait to speak out if you experienced sexual abuse as a young footballer. Our free helpline can offer you support, 24 hours a day.

0800 023 2642

Wayne Rooney and Alan Shearer back our helpline