

**Antenatal care with additional multi-disciplinary and multi-agency support for pregnant teenagers and their partners (up to 16 years, and where vulnerable, up to 19 years)**

WEEK	Routine services for teenage parents	P E H A / C A F	Additional Services for all under 16s and all <u>vulnerable</u> under 19s
4	ANY PROFESSIONAL WHO LEARNS OF PREGNANCY FOR ANY YOUNG PERSON U19 REFER/SIGNPOST TO MIDWIFERY and consider support required/discuss with Sexual Health/Teenage Pregnancy/Young Parents Team (Bournemouth) targeted teams as outlined page 3		Request Support from: BOURNEMOUTH: - Sexual Health/Teenage Pregnancy/Young Parents Team POOLE: 13-19YRS Targeted Team  <b>If aged 16-19years and NOT vulnerable, please ensure signposted to relevant services as necessary and for general information and advice</b>
5			
6	FIRST ANTENATAL CONTACT WITH MIDWIFE 6-8 weeks Arrange 12/40 scan and bloods		IF UNDER 16 AT CONCEPTION, refer to consultant led care
9			
10	BOOKING 10-12 WEEKS complete midwifery social risk form  a) Referral to SH/YP team and health visitor/school nurse b) Give pregnancy book c) Identify any financial/benefit issues d) Discuss support resources overleaf e) Referral to Sexual Health/Teenage Pregnancy/Young Parents Team (Bournemouth)		a) Early assessment and identification of needs, risks and resilience should be undertaken using the (Poole Early Help Assessment) PEHA process at the earliest possible opportunity.  b) Healthy Start Voucher
13			
14			
15			
16	MIDWIFERY APPOINTMENT (PGHFT)		
17			
18			
19			
20	HOSPITAL 20 WEEK SCAN		CONSULTANT APPOINTMENT
21			
22			
23			
24			
25	MIDWIFE		TEAM AROUND CHILD MEETING – or earlier if need dictates
26			
27			
28	MIDWIFE - bloods  HEALTH VISITOR ANTENATAL VISIT To undertake initial assessment of parental health & social circumstances any time after referral from the midwife to HV. Distribution of 'Birth to Five' guide & Personal Child Health Record		
29			
30	MIDWIFE to discuss (i) Antenatal classes; (ii) Breast Feeding options; (iii) Place of delivery. Can occur any time after 30 weeks – anti D given		Peer Education sessions x 2 delivered bi-monthly by Sunshine midwifery team & Teenage Pregnancy / Parents team
31			
32	MIDWIFERY APPOINTMENT		32-34 WEEKS PRE-BIRTH– TEAM AROUND CHILD MEETING if required as risk of early birth
33			
34	MIDWIFERY APPOINTMENT		34 weeks Consultant appointment
35			
36	MIDWIFERY APPOINTMENT		
37			
38	MIDWIFERY APPOINTMENT		At birth of baby: Referral to CASH Services if not already engaged. Review of CAF/ PEHA where applicable to assess young parent(s) ongoing needs & support available.
39			
40	MIDWIFERY APPOINTMENT		
41	MIDWIFE APPOINTMENT / POSTNATALCARE/SUPPORT Post natal Care Plan -consider pre-discharge planning meeting for vulnerable young women. Sexual Health Outreach Nurse (SHON) Referral if not already made. Discuss discharge with HV		
42			

**If at any point there are safeguarding and/or child protection concerns a referral must be made to social care in accordance with Pan Dorset Safeguarding Procedures**

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<b>Resouces Available</b>			
<b>SUPPORT GROUPS</b>		<b>CHILDREN'S CENTRES</b>	
<b>Bournemouth</b>	<b>Poole</b>	<b>Bournemouth</b>	<b>Poole</b>
<p><b>Weekly Young Parent Support Groups are held at:</b></p> <p><b>Winton Salvation Army</b> Wednesday 10.30-12</p> <p><b>Young Mums To Be (Antenatal)</b> Monday &amp; Wednesday 9.45am – 12.15pm</p> <p><b>Winton Salvation Army</b> Latimer Road Winton Bournemouth Referral through IYS Request for Service Only</p> <p><b>Super Group (Postnatal)</b> Monday 1 – 2.30pm Winton Satellite Children's Centre Library Road Winton Bournemouth</p> <p><b>Teenage Pregnancy &amp; Parents Team:</b> 01202 580634 (for details of all groups)</p>	<p><b>Weekly Young Parent Support Groups are held at:</b></p> <p>Old Town Children's Centre for pregnancy and first few weeks post birth</p> <p><b>Rossmore Childrens Centre</b> 01202 261962 Mondays 12.30-2pm</p>	<p><b>Boscombe</b> 01202 395534</p> <p><b>Kinson &amp; West Howe</b> 01202 593086</p> <p><b>Pokesdown</b> 01202 391500</p> <p><b>Queens Park</b> 01202 519727</p> <p><b>Southbourne</b> 01202 434310</p> <p><b>Stokewood Road</b> 01202 539591</p> <p><b>Townsend</b> 01202 720472</p>	<p><b>Branksome</b> 01202 261540</p> <p><b>Canford Heath</b> 01202 261518</p> <p><b>Hamworthy/ Turlin Moor</b> 01202 261511</p> <p><b>Old Town</b> 01202 261969</p> <p><b>Rossmore</b> 01202 261962</p> <p><b>Ted Webster</b> 01202 261550</p>
<b>Housing</b>			
<b>Bournemouth</b>		<b>Poole</b>	
<p>Supporting People (housing) – (SP) Hub (Town Hall) 01202 451265</p> <p>James Michael House (BCHA)– Mother &amp; Baby accommodation low level part time support. 01202 315988</p> <p>Bournemouth LIFE House – accommodation for 16-25 yrs mums to be &amp; mums with support needs 01202 522444</p>		<p>Borough of Poole Housing Services Civic Centre, Poole 01202 633805</p>	

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Specific support for young parents		Employment, Education & Training Support		
Bournemouth	Poole	Bournemouth	Poole	
<p><b>Sexual health/Teenage Pregnancy / Parents Team will cover:</b></p> <ul style="list-style-type: none"> <li>•1:1 outreach appointment arranged to the young person (parents/school may also be involved)</li> <li>•Personalised multi-disciplinary support package agreed (focus on health and emotional wellbeing) through Family Star Assessment</li> <li>•Young person supported to attend any of teenage parents groups in the community</li> <li>•Youth Worker to support &amp; advocate to enable \yp to access IAG</li> </ul> <p><b>Teenage Pregnancy / Parents team are based @ 'Sussed', 1442A Wimborne Rd, Kinson, Bournemouth BH10 7AS</b></p>	<p><b>Targeted Services Team,</b> CYPIS, Borough of Poole 01202 261980. Targeted.services@poole.gov.uk</p> <p><b>Children and Young People's Social Care,</b> Borough of Poole 01202 735046</p> <p><b>The Quay Advice Centre</b> 18, Hill Street Poole 01202 262291 Open: Monday-Thursday 1-5pm Friday 1pm to 4.30pm for general enquiries and support.</p>	<p>Youth Adviser Support through Bournemouth Integrated Youth Service Contact: 01202 451100</p>	<p>For IAG via Open Access in Poole</p>	
	<b>HEALTH</b>			
			<p><b>NHS Dorset Healthcare</b> can provide confidential support, advice and information about NHS services and signpost to other services, including access to PALS (Patient Advice and Liaison Service) Tel: 01202 277000 Email: customerservices@dhuft.nhs.uk Web: www.dorsethealthcare.nhs.uk</p>	

**MULTI-AGENCY ANTENATAL PATHWAY FOR PREGNANT TEENAGERS AND THEIR PARTNERS IN BOURNEMOUTH AND POOLE**

**If any professional learns of pregnancy for young person.**

When any professional is made aware that a teenager might be pregnant then they should clarify whether **the pregnancy has been confirmed** by a medical professional. If YES proceed with the pathway. **If presentation is in late pregnancy please ensure all prior steps have been covered**

If the pregnancy **has not been confirmed**, refer the young person to appropriate GP /Midwife or Contraceptive and Sexual Health (CASH) Clinic to confirm pregnancy and advice of options.

If a **termination** is being considered signpost to a GP or a CASH Service or BPAS

**Additional needs:**

Pregnant teenagers, their partners, young parents and their unborn children are likely to be identified as being young people or children who, without the support of additional services, will not meet one or more of the Every Child Matters Outcomes (ECM) outcomes. Provision of targeted or additional support at this level should prevent their needs from increasing to a higher level.

**Assessing needs**

1. Where an under -19 case is not open to CYPSC, the needs, risks and resilience of the pregnant teenager and her partner (or the unborn child) should be considered using the Poole Early Help Assessment PEHA, or CAF or other alternative organisation appropriate assessment tool, process at the earliest possible opportunity
2. Where more than one agency is to be involved with a young person and her partner a lead professional will be appointed to act as a primary point of contact, with TAC as required.
3. If there are safeguarding and/or child protection concerns refer to Children and Young People's Social Care. Poole: 01202 735046 and Bournemouth Social Care on 01202 456900

**Requesting support:**

If you would like guidance and support on how you can assist a pregnant teenager, her partner or any existing young parent contact:

**Targeted Services Team**, CYPIS, Borough of Poole Tel: 01202 261980 or email [targeted.services@poole.gov.uk](mailto:targeted.services@poole.gov.uk) and reintegration service for Bournemouth - Sexual Health /Teenage Pregnancy / Young Parents Team: 01202 580634 [Sussed@bournemouth.gov.uk](mailto:Sussed@bournemouth.gov.uk)

**For general information about local services contact:**

**The Family Information Service**. Tel: 01202 261999 or via email: [familyinformation@poole.gov.uk](mailto:familyinformation@poole.gov.uk) for Poole

**Bournemouth Children's Information Service**, Tel: 01202 456222  
email: [cis@bournemouth.gov.uk](mailto:cis@bournemouth.gov.uk)

### **Education:**

Under 16 conception: Pregnant teenagers and young parents under 16 will be supported to continue within mainstream education (Insert link to DfES guidance), or to access an appropriate education package if individual needs mean that mainstream is not appropriate.

1. Young parents 16-19 in education, employment or training will be supported to continue with their chosen route.
2. Check if young parent(s) are known to social care or if a CAF has been undertaken (discuss needs of father including age and involvement) Invite father, if appropriate, to attend appointments.
3. Involve Young Parents team at Sussed where appropriate to encourage young parents who are NEET to access training and education opportunities. (See support services list at end of document)

For more guidance please contact the Targeted Services Team, CYPIS, Borough of Poole Tel: 01202 261980 or via email: [targeted.services@poole.gov.uk](mailto:targeted.services@poole.gov.uk) and for Bournemouth Teenage Pregnancy / Parents Team: 01202 580634 email: [tara.civil@bournemouth.gov.uk](mailto:tara.civil@bournemouth.gov.uk)

### **Children's Centres:**

Pregnant teenagers, their partners and young parents should be supported to access any Children's Centres in Poole or Bournemouth. Services offered include family outreach work, young parents' groups and Dad's Clubs.

### **Health:**

NHS Dorset Healthcare can provide confidential support, advice and information about NHS services and signpost to other services, including access to PALS (Patient Advice and Liaison Service) Tel: 01202 277000 Email: [customerservices@dhuft.nhs.uk](mailto:customerservices@dhuft.nhs.uk)  
Web: [www.dorsethealthcare.nhs.uk](http://www.dorsethealthcare.nhs.uk)

All pregnant under 18s qualify for free Healthy Start vouchers available every week to spend on milk, plain fresh and frozen fruit and vegetables, infant formula milk and free vitamins. Midwives and Health Visitors should promote the vouchers and help with the application process. Vouchers are also available to families of children under four meeting certain benefit criteria. Information is available at [www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)

Stop smoking specialist support is available for pregnant women over the age of 16.  
Tel: 0300 30 38 038

### **Midwifery:**

In Poole each team has a link midwife for the teenagers and they would caseload the vulnerable teenagers, such as those under 16 years of age. They are also a specialist resource for the rest of the midwifery team for information and advice.

Poole Hospital: 01202 665511 (Main Hospital) 01202 442336 (Antenatal Ward)

Royal Bournemouth Hospital: 01202 704685 (Maternity Reception)