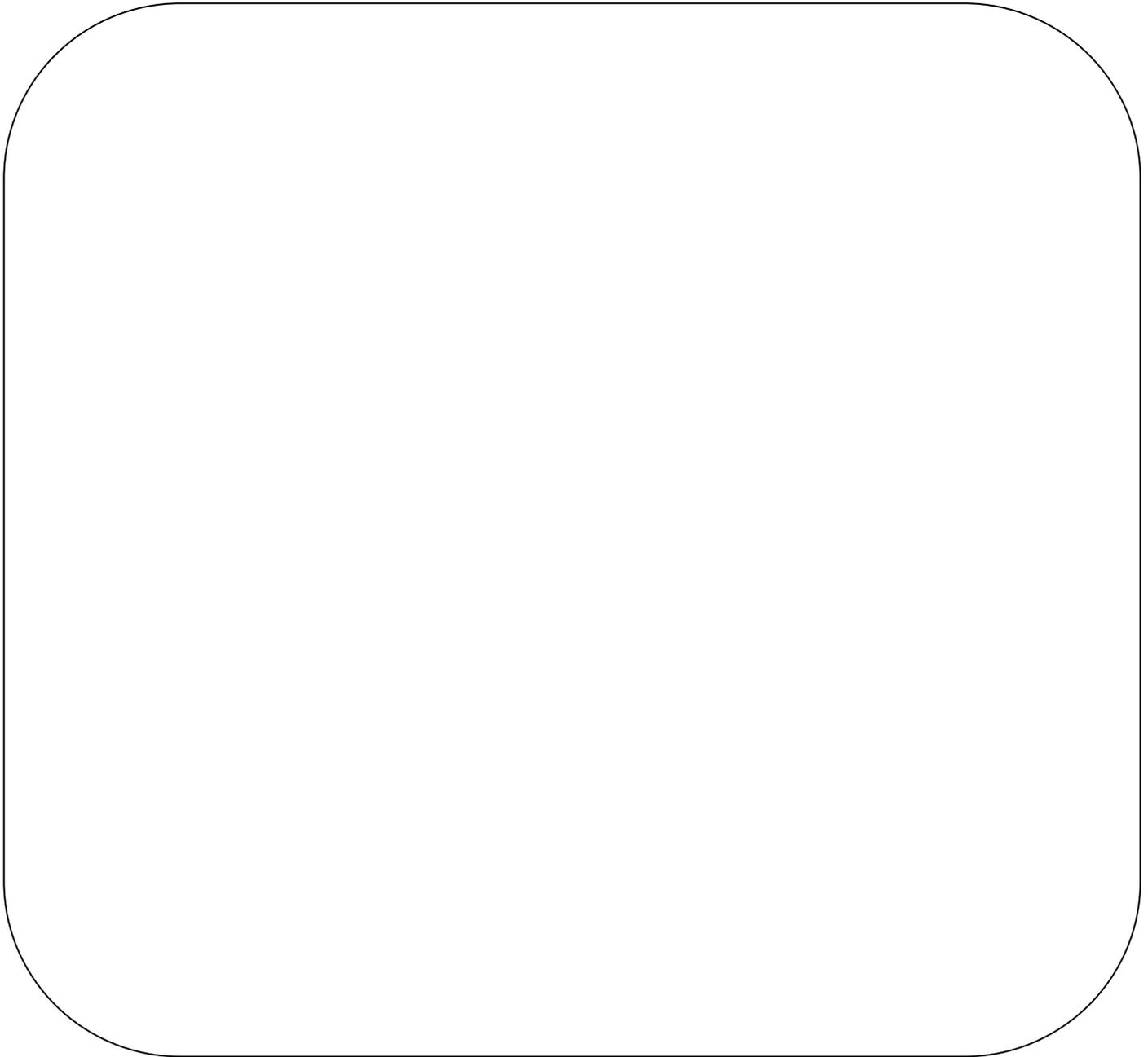


# Expectations Contract

## My Expectations

On this page, you can indicate the things you expect from your worker/young person. It can indicate what you'd like to take away from the sessions, what you expect to see from them.

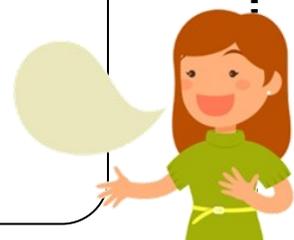


Signature

(Young Person) \_\_\_\_\_

Signature

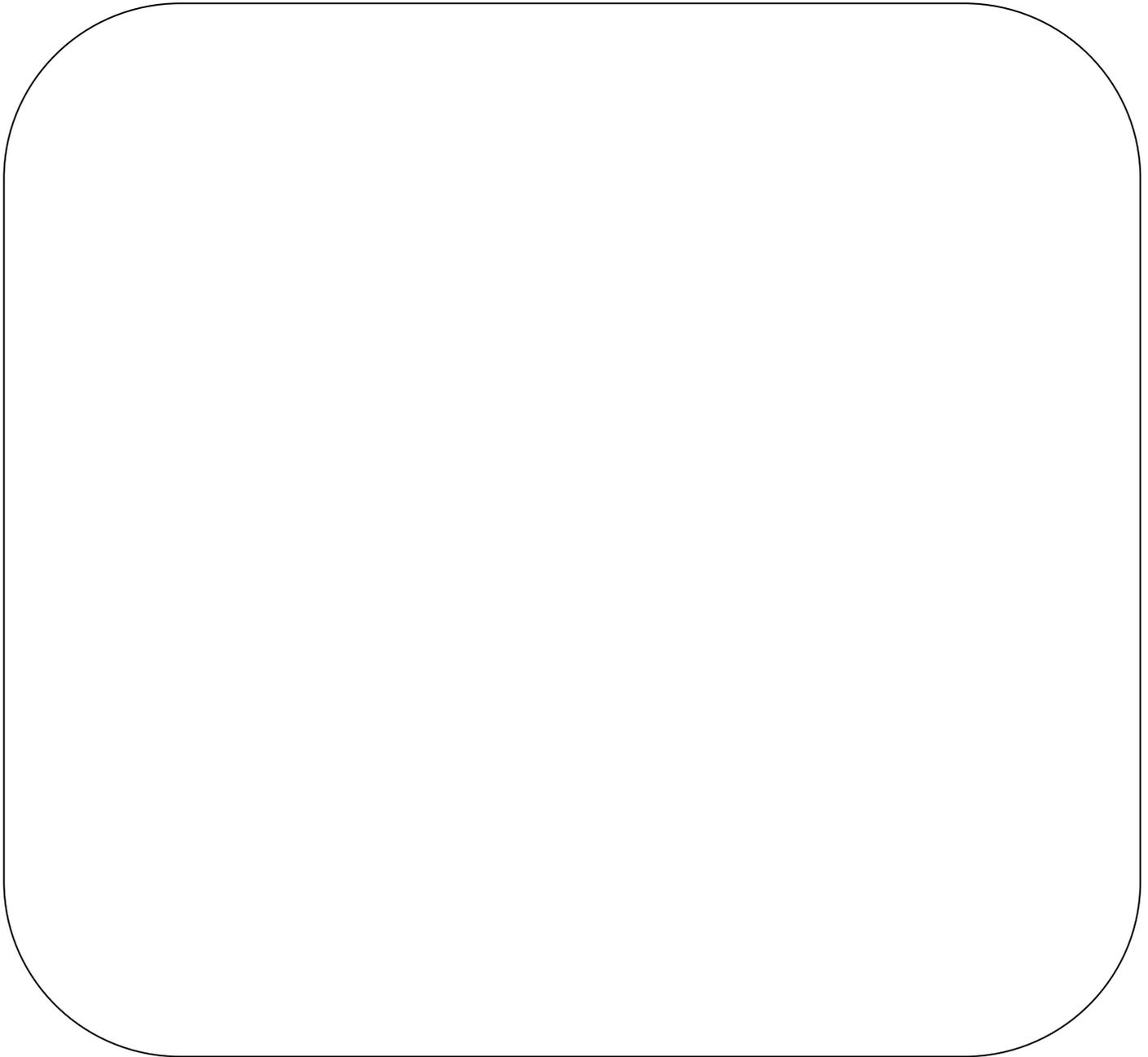
(Worker) \_\_\_\_\_



# Expectations Contract

## My Expectations

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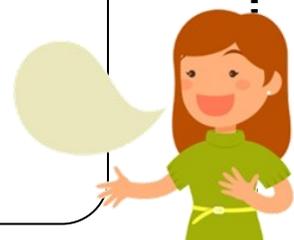


Signature

(Young Person) \_\_\_\_\_

Signature

(Worker) \_\_\_\_\_



# Me, myself and I

What do people like about me?

What I like about my life:

Things that are important to me?

Review:

Are you happy with the session? Do you want to focus on anything in particular next time so it can be added to the agenda?

How would you like to work next time?



# Struggles and Worries

Is there anything you are worried about? Is there anything you are struggling with?

Can you fix it or do you need help?

How can you fix it?

Review:

Are you happy with the session? Do you want to focus on anything in particular next time so it can be added to the agenda?

How would you like to work next time?



# People helping me

On this page, you can list all the people in your life that are helping or helped you out. You can do so by drawing a spider diagram, make a list or stick pictures in and write names under them.

Review:

Are you happy with the session? Do you want to focus on anything in particular next time so it can be added to the agenda?  
How would you like to work next time?



# My Journey

What needs  
to change?

How is it  
going to  
happen?

Who is going  
to help and  
when?



# People that are important to me

A large white rectangular area framed by a dotted black border, intended for writing or drawing.



# My aspirations and hopes for the future

What are my hopes/dreams?

Where do I want to be in 5 years?

Where would I like to work in the future?



# What has changed?

What has changed?

What helped?

What did not help?

How could things be further improved?



# Review

Are you happy with the sessions? Do you want to focus on anything in particular next time so it can be added to the agenda? How would you like to work next time?

