

## What is an Advocate?

An advocate works with you and only you and can help you to Stop, Start or Change something

### We do not work for:

- ★ School
- ★ Parent/carers
- ★ Social Care
- ★ Council



## An Advocate can help you

- ★ Do your personal profile
- ★ Tell adults what you want to do in the future
- ★ Make sure people listen to you
- ★ Come to your transitions review with you
- ★ Go to your review for you if you don't want to go
- ★ Look at your choices with you
- ★ Find out information for you

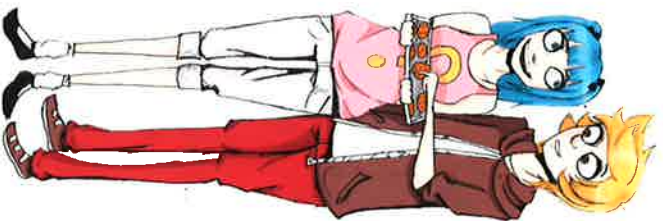


## How can you meet with an Advocate?

An advocate will call you at home to see if you would like to meet with us then we can meet you:

**At School**  
**At home**  
**Or somewhere else you feel comfortable**

We will try to come and meet up with you more than once to help give you the best support to get your voice heard.



## Preparing for Adulthood



# SHOUT OUT!

Children's Rights  
& Advocacy Service